



Healthy Moms, Happy Babies

Babies and kids thrive when their moms thrive.

Moms thrive in healthy relationships—ones that are respectful, nurturing and caring.

We know some moms have friends, sisters, family who may be in unhealthy relationships.

This little card has information that can help them.

And it can help if this is ever an issue for you.

It talks about safe and healthy relationships and what to do if a partner is hurting you.



We are all part of making a difference in the lives of women.

Healthcare providers can help and these confidential hotline numbers support women through listening and safety planning 24/7.

National Domestic Violence Hotline
1-800-799-SAFE (1-800-799-7233)
TTY 1-800-787-3224

Teen Dating Abuse Hotline
1-866-331-9474



The American College of
Obstetricians and Gynecologists
WOMEN'S HEALTH CARE PHYSICIANS

FUTURES
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Formerly Family Violence Prevention Fund

